

**Advanced Yang Style Tai Chi Chuan, Vol. 1, Tai Chi
Theory And Tai Chi Jing**

By Jwing-Ming Yang

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Yang- style t'ai chi ch'uan - Wikipedia, the free -

These Yang family t'ai chi ch'uan practitioners are: Master Ip Tai Tak (Yip Tai Tak, In 1982 Yang Zhen Duo founded the Shanxi Yang Style Tai Chi Chuan

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Dr. Yang, Jwing-Ming Dr. Yang's tai chi can be traced back to the Yang family of
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