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Aug 02, 2015 The Benefits of Optimism. Superior Health. In a study of 99 Harvard University students, Peterson, Christopher; Seligman, Martin E.; Vaillant,

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PhD; Christopher Peterson, Dispositional optimism as a predictor of health changes among cardiac patients. Journal of Research in Personality. 1996;

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Maier, Christopher Peterson Optimistic Explanatory Style and Health / 145 Christopher Peterson. Hope is described in the book The Science of Optimism and Hope

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Authors: Christopher Peterson. Citations: 259 and physical health. Questions remain about optimism as a research topic and more generally as a societal value.

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Kunz-Ebrecht, S. R. and Iliffe, S. (2006), Dispositional optimism and health behaviour in community Christopher M . Celano, Deborah Christopher Peterson,

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